

The Incomplete Revolution of the 60's

After Dancing to the Age of Aquarius

If you actually followed the subtle energy in the room very carefully, you saw the following. First the song exploded, right, you could feel that. Hope, like wow. And if you followed the song through the subtle energy in this room, by the end of the song, we weren't quite as clear about the hope. Could anyone track what I am saying. Did anyone follow that? Kind of exploded and then kind of like, by the end, it wasn't quite what it was in the beginning. Could everyone feel that subtle shift in the room? How many people felt it? Just see. Right? It's like yeah ! And then like yeah ... Right? That's exactly our experience. Like wow !! Yeah... The great sexual revolution.

In our first offering we talked about Loving Your way to Enlightenment. We did eight sessions.

And in our second offering, we talked about Reclaiming Eros. We did eight sessions.

And now we're stepping into the sexual. Sex, Sexuality.

Part three. Love, Eros, Sexuality. The great revolution that didn't quite work.

And it didn't work because there was no Dharma. And I want to get that word with you really just for a couple of minutes. In the world of spiritual teaching, we might call the human potential movement or kind of the Osho world which is beautiful or the American San Francisco or Boulder world, right that world that we're all somehow related to. **The great God is 'experience'**. What was your experience? Because for so many years, we sat and people told us, this is the way it is, 1,2,3,4, and we had to align ourselves with that dogma. And that dogma violated something in our hearts. We couldn't explode as love. We couldn't find the way. And so rows of religions, rows of philosophies, told us this is the way it is, but it violated our experience. So somewhere towards the late 1950's, people said let's move with the music. And Elvis started to move on the stage and rock and roll began. All sorts of things began to emerge in the world. Like wow. Franky Valley begins to do weird things with his voice. Just crazy things started to happen. What's the experience, what does it feel like in the body. I like the Beatles because I like the way they feel in my body. And **experience began to be the whole story.** And that was beautiful. All of a sudden our experience, my experience mattered. But then what happened is, we threw the dogma out, we were left with our experience, but everyone's experience was a little different. And the experiences didn't come together to give us a vision after all the dogma of what's the dharma.

And the dharma means: how do the patterns connect! How does it all fit together. What is the vision of reality. Let me say it in a kind of a big phrase. What is the interior, the inside face of the Cosmos look like. We forgot that actually when we go inside we're not just having an experience. But that experience is interpreted. That experience is always interpreted through my worldview. Through my framework. Through how I connect the dots in my world. And there is not a person in this room, not one, who doesn't have a worldview, a dharma. A way you live your live. A vision of the patterns that connect that allow you and interpret your reality. And

here is the big tragedy. It is like the biggest tragedy ever. People do this really weird thing. They grow up. The worst word in the world is being a grown up. What does a grown up mean? I'm a grown up, I'm a grown up. You see a little kid that haven't seen in a few years. Say my, how you have grown. Say my, how you have grown. You never see a 26 year old and see them again when they are 30 and say my, how you have grown. That's weird. That's a weird thing to do. Children, they grow. Then we become grownups. You know that according to most statistics, people stop growing spiritually, emotionally when they are 26 years old. Most people stop any real transformation when they are 26. We stop growing. We actually stop evolving. We actually stop transforming, or we transform in this momentary experiences, you've all had them, you got this experience I feel like expanded, and then I kind of go back and keep doing the same thing. And then I have another experience, I expand, then I go back and keep doing the same thing. How many people recognize that, how many people in the room? We all know when we are expanding when we have this great awesome experience it was like awesome. Then we go back. Why do we go back? We go back because we don't have a dharma. After all the dogma, what is a dogma?

Dogma means: *someone else told you the way it is*, because *they* had an experience, *they* interpreted their experience, *they* told you their experience matched reality and that you have to believe it. You get that? And if you don't believe it, you are damned or you go to hell, you are not part of the chosen people, or you got some problem going on, you are certainly not going to be happy or fulfilled. That's a dogma. So for 2000 years we had dogma. Then we got rid of the dogma, we had a big revolution against dogma. The 60s was the end of this great revolution against dogma. But then what? Then we do, I have my experience, but that's not enough. After dogma, I need dharma.

And **here's what dharma is**: dharma is, you take the best insights from every great spiritual tradition. You take the best insights from physics, from the 11 major schools in psychology. You take the best insights from economics. You take the best insights from cultural anthropology. And you weave it all together seamlessly, beautifully and you say: what's the best picture of reality that we have at this moment in time. Not just reality in the outside. But what's the best map of inner space. What does inner space look like. What's it about. What's the great map of inner space. So at a certain moment, let's say, 40 years ago, people like Osho came and said: he man, I've got this very cool Veda map from the Veda's, I'm going to give you this very cool map from the Veda's. In India they don't really like me because I'm causing a lot of trouble. So I'm going to come to the West and give this great map. Then they didn't like me in the West and I went back to India and it's a long story, but I'm going to give you this map. That's not what I'm going to do with you. I'm going to weave you a map from the Veda's, and from Kabbala, and from depth psychology, and from somatic experiencing, and I'm not even going to refer to any of them. But we're going to weave a map together which is the dharma.

What's the dharma of sexuality? Because every sexual experience we have, and get this, every sexual experience, is an experience, that we then interpret. We then explain it to ourselves. And our very experience of the sexual is interpreted through our own dharma. Our own worldview. **You know Nietzsche said: the summit of a person's consciousness is the summit of their sexuality.** Meaning as high as their consciousness goes, your sexuality goes. I want to say the

opposite. As high as your consciousness goes, your sexuality goes. Your sexuality and your consciousness, they are one. They are complete inseparable. So we need a dharma of sexuality. The best vision of the sexual. The best map that's available and we want to experience that map. We want to practice that map. We want to feel that map. And as we're going to see by the end of this week, the word sex itself doesn't even mean anything. Means nothing.

There's actually at least 7 different kinds of sexing. And starting tomorrow we're going to enter into each one of those 7 and each one is a world. We're going to taste it, we're going to dance it, we're going to practice it, we're going to experience it. Actually, when one person say let's have sex, he's thinking number 3 and she 's thinking number 5 and it's a complete disaster. Then we've got no idea why. Because they were talking about two completely different things. By the end of the week, that sentence will be totally clear. But for now, let's just feel into that. We need a dharma of sexuality. The Age of Aquarius is exciting because it holds a new vision of love. And sex is love in the body. That's what sex is. Sex is love in the body.